

Nairán Ramírez-Esparza
Curriculum Vitae

Institute for Learning and Brain Sciences
University of Washington
Box 357988
Seattle WA, 98195
Phone: (206)221-6415
Email: nairan@u.washington.edu

Education

Ph.D. in Social Psychology, June 2007. The University of Texas at Austin
Advisor: James W. Pennebaker

M.A. with honors in Social Psychology, June 2000. Universidad Nacional Autónoma de México [National Autonomous University of Mexico] –Mexico City, Mexico.

B.A. with honors in Psychology, May 1996. Universidad de las Américas (University of the Americas) - Puebla, Mexico

Awards

- | | |
|--------------------------|---|
| January 2008 | Best Paper 2006 Journal of Research in Personality. Do bilinguals have two personalities? A special case of cultural frame switching |
| January 06, September 06 | Stipend Award
Sponsor: Pre-graduate School Internship, UT Austin |
| August 01-May 04 | Fulbright Fellowship
Sponsor: Fulbright Commission |
| August 01 | David Bruton Fellowship Award
Sponsor: Graduate School at UT Austin |
| January 98-July 99 | CONACYT Scholarship
Sponsor: CONACYT, Mexico
Competitive Monetary Scholarship to do M.A. studies |
| January 98-July 99 | Complementary Scholarship
Sponsor: General Secretary of Graduate Studies at the National Autonomous University of Mexico, Mexico City
Competitive complementary monetary support to do M.A. studies. |

Publications

Ramírez-Esparza, N., Mehl, M. R., Alvarez-Bermudez, J. & Pennebaker, J. W. (2009). Are Mexicans more sociable than Americans? Insights from a Naturalistic Observation Study. *Journal of Research in Personality*, 43, 1-7.

- Ramírez-Esparza, N., Gosling, S. D., & Pennebaker, J. W. (2008). Paradox lost: Unraveling the puzzle of Simpatía. *Journal of Cross-Cultural Psychology*, *39*, 703-715.
- Ramírez-Esparza, N., Chung, C., Kacwicz, E., & Pennebaker, J. W. (2008). The Psychology of Word Use in Depression Forums in English and in Spanish: Testing Two Text Analytic Approaches. *Proceedings of the International Conference on Weblogs and Social Media (ICWSM 2008)*.
- Mehl, M. R., Vazire, S., Ramirez-Esparza, N., Slatcher, R. B., & Pennebaker, J. W. (2007). Are women really more talkative than men? *Science*, *317*, 82.
- Ramírez-Esparza, N., Pennebaker, J. W., García, A. F., & Suriá, R. (2007). La Psicología del Uso de las Palabras: Un Programa de Computadora que Analiza Textos en Español [The Psychology of Word Use: A Computer Program that Analyzes Texts in Spanish]. *Revista Mexicana de Psicología*, *24*, 85-99.
- Ramírez-Esparza, N., & Pennebaker, J. W. (2006). Do good stories produce good health? Exploring words, language, and culture. *Narrative Inquiry*, *16*, 221-229.
- Ramírez-Esparza, N., Gosling, S. D., Benet-Martínez, V., Potter, J., & Pennebaker, J. W. (2006). Do bilinguals have two personalities? A special case of cultural frame switching. *Journal of Research in Personality*, *40*, 99-120.
- Ramírez-Esparza, N., & Marván, M. L. (1998). Relación entre depresión, actividades placenteras y sintomatología premenstrual [Relation among depression, pleasant activities and premenstrual symptomatology]. *Revista Mexicana de Psicología*, *15*, 187-194.

Manuscripts under Review

- Ramírez-Esparza, N., Chung, K. C., Sierra-Otero, G., & Pennebaker, J. W. (2009). Cross-cultural constructions of self: Americans and Mexicans.
- Ramírez-Esparza, N., Reder, S., Harris, K., Hellermann, J., Richards, C., Kuhl, K. P. (2009). Socio-Interactive Practices and Personality in Adult Learners of English with Little Formal Education

Presentations

- Ramírez-Esparza, N., Chung, K. C., Sierra-Otero, G., & Pennebaker, J. W. (2009, February). *Cross-cultural constructions of self: Americans and Mexicans*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, Florida.
- Ramírez-Esparza, N., Reder, S., Harris, K., Hellermann, J., Richards, C., Kuhl, K. P. (2008). *Factors Affecting Adult Second Language Learning*. NSF Site visit, Seattle, WA.
- Ramírez-Esparza, N., Chung, K. C., Kacwicz, E., Sunbay, Z., & Pennebaker, J. W. (2007, January). *Bloggng about depression in English and Spanish: Thematic differences through automated text analyses*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, Tennessee.

- Ramírez-Esparza, N., Gosling, S. D., & Pennebaker, J. W. (2006, January). *Two personalities in Bilinguals? Testing three possible explanations*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Kim, Y., Ramírez-Esparza, N., Mehl, M. R., & Pennebaker, J. W. (2006, January). *Do Mexican-Americans behave like the Americans or the Mexicans? A follow up study using the Electronically Activated Recorder (EAR)*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Ramírez-Esparza, N., Gosling, S. D., & Pennebaker, J. W. (2005, October). *The Paradox of Simpatía*. Talk presented at the XIII Mexican Congress of Psychology, Acapulco, Mexico.
- Ramírez-Esparza, N., Mehl, M. R., Kim, Y., & Pennebaker, J. W. (2005, June). Individualism and Collectivism does it really matter? Monoculturals' and Biculturals' everyday behaviors. Guest Speaker at the XXX Congreso de la Sociedad Interamericana de Psicología [XXX Conference of the Interamerican Society of Psychology], Buenos Aires, Argentina.
- Ramírez-Esparza, N., Mehl, M. R., & Pennebaker, J. W. (2005, January). *Do Mexicans and Americans behave differently? A cross-cultural study using the Electronically Activated Recorder (EAR)*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- García, F. A., Ramírez-Esparza, N., Suriá, R., & Pennebaker, J. W. (2005, January). *A computerized text analysis of English and Spanish: Its application with depressed people on the Internet*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Meléndez, M., Suriá, R., & Ramírez-Esparza, N. (2004, June). *How people talk about their illness in the Internet. A preliminary study using the Spanish version of the LIWC*. Poster presented at the 18th Annual Conference of the European Health Psychology Society, Helsinki, Finland.
- Ramírez-Esparza, N., Gosling, S. D., Benet-Martínez, V., & Pennebaker, J. W. (2004, October) *Bilinguals' two personalities: A test of the Cultural Frame Switching Hypothesis*. Talk presented at the X Conference of Social Psychology, Sonora, Mexico.
- Ramírez-Esparza, N., & Pennebaker, J. W. (2004, September). *Collective and individualistic cultures: Do they differ in their daily behaviors?* Talk presented at the XII Mexican Congress of Psychology, Guanajuato, Mexico.
- Ramírez-Esparza, N., Gosling, S. D., Benet-Martínez, V., & Pennebaker, J. W. (2004, January). *Do Bilinguals have two personalities?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- García, F. A., Ramírez-Esparza, N., & Pennebaker, J. W. (2004, January). *Emotional expressiveness in Spanish-English bilinguals: Does language make a difference?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

- Ramírez-Esparza, N., & Pennebaker, J. W. (2003, January). *Personality and language: A bilingual study*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Savannah, GA.
- Ramírez-Esparza, N., & Pennebaker, J. W. (2003, February). *Personality and personality perception in bilinguals*. Poster presented at the Texas Research Symposium on Language Diversity, Austin, TX.
- Ramírez-Esparza, N., & Pennebaker, J. W. (2003, October). *Emotional expressiveness in Spanish and English: A study with bilinguals*. Talk presented at the XI Mexican Congress of Psychology. Campeche, Mexico.
- Pennebaker, J. W., & Ramírez-Esparza, N. (2002). *The power of words*. Talk presented at the IX Conference of Social Psychology, Colima, Mexico.
- Ramírez-Esparza, N. (1998, November) *Impersonal activities mitigate premenstrual distress*. Talk presented at the Fourth International Congress on Behaviorism and the Sciences of Behavior, Seville, Spain.
- Ramírez-Esparza, N. (1998, July). *Relation between pleasant events, depression and premenstrual symptoms*. Talk presented at The World Congress of Behavioral and Cognitive Therapies, Acapulco, Mexico.

Academic Appointments

Postdoctoral Fellow, University of Washington, Seattle WA
 Fall 2007-to present
 Supervisor: Patricia K. Kuhl

Research Assistant, University of Texas, Austin, TX
 Summer 2003, 2004, 2005, Fall 2005, Summer, 2006
 Supervisor: Dr. James W. Pennebaker

Teaching Assistant, University of Texas, Austin TX
 Fall 2001-Spring 2005, Fall 2006

Social Psychology (two semesters)
 Introduction to Psychology
 Cross-cultural Psychology (two semesters)
 Evolutionary Psychology (two semesters)
 History and Systems in Psychology
 Personality Psychology

Mentor for an Intellectual Entrepreneurship (IE) pre-grad minority intern, UT Austin,
 Spring 2006, Fall 2006

Instructor, Universidad del Valle de México [University of Mexican Valley]- Queretaro,
 México, Spring 2000-Spring 2001

Social Psychology
 Research Methods
 Interpersonal Communication

Managing Editor of the Mexican Journal of Behavior Analysis, Universidad Nacional Autónoma de México [National Autonomous University of Mexico] – Mexico City, Mexico, Fall 1998-Spring 2000

Editorial Assistant of the Mexican Journal of Behavior Analysis, Universidad Nacional Autónoma de México [National Autonomous University of Mexico] – Mexico City, Mexico, Spring 1998-Summer 1998

Ad Hoc Journal Reviewer

*Social Psychological and Personality Science**
Social Science Quarterly
Journal of Cross-Cultural Psychology (Brief Report)
Personality and Social Psychology Compass
Journal of Cross-Cultural Psychology
Psychological Assessment
Journal of Research in Personality
International Journal of Psychology
Psychology & Health
Journal of Individual Differences
Revista Mexicana de Psicología
Cultural Diversity & Ethnic Minority Psychology
Gender Medicine
British Journal of Health Psychology
Journal of Personality

*Editorial Board Member

Other Consulting Reviewer

NSF Proposal Review
Proposal for an Edited Book

Professional Memberships

Society for Personality and Social Psychology
Association for Research in Personality

Service Activities

President of the Fulbright Association in Austin, TX

Media

Salazar, H. (May 8th, 2009). Mexicanos sociables e interdependientes. *Milenio*, p. 46.

Schwarz, J. (April, 2009). Finding a stereotype that is true: Mexicans more sociable than Americans. e! Science News.

Cásarez, C. C. (Winter 2007-2008). What language does your personality speak? *Life and Letters*, 7, p. 37.

Hutson, M. (June 2006). Two languages, two minds. *Scientific American Mind*, p. 6.

Glenn, D (January 20, 2006). Tales of the Tape: Researchers in psychology have found new ways to listen in on everyday human behavior. *The Chronicle of Higher Education*, 52, A20.

Stien Coessens. (September 17, 2005). Nerveus in het Spaans, kordaat in het Engels, *Het Laatste Nieuws*, p. 17.

(September 12, 2005). Estudio sobre personas bilingües en Estados Unidos: El inglés para la seguridad, el español para la desorganización. *Nuevo Digital*. Madrid, Spain.

Aaronson, L. (August 2005). My Spanish side. *Psychology Today*, p. 26.

(July 18, 2005). Persönlichkeit: Der Mexikaner in Mir. *Der Spiegel*, p. 56.